

# Your extra CalFresh benefits are ending.

After March 26, 2023, you will stop receiving CalFresh benefits known as Emergency Allotments. You do not have to use up your benefits before March 26, 2023.



## What are CalFresh Emergency Allotments?

CalFresh Emergency Allotments are temporary monthly increases to your regular CalFresh benefit amount to help meet your food needs. All households received an increase of at least \$95 each month in Emergency Allotments.

## What should I do?

To make sure you are receiving all of the benefits you qualify for, report any changes in your circumstances to the Alameda County Social Services Agency, including:

- Your address
- Any decrease in your household's income
- Housing costs
- Dependent or child care costs
- Medical expenses (only if you are age 60+ or have a disability)

You can submit verification of any changes online at [mybenefitscalwin.org](https://mybenefitscalwin.org), [getcalfresh.org/docs](https://getcalfresh.org/docs), or [virtualkiosk.acgov.org](https://virtualkiosk.acgov.org)

## Are there any other resources available?

We can connect you to resources in the community to help feed your family.

### → **FoodNow.net**

Use the Food Locator tool to find FREE food near you, including hot meals and groceries. Visit [FoodNow.net](https://FoodNow.net) now.

### → **Women, Infants & Children (WIC)**

The WIC program can provide food items such as milk, instant formula, and eggs for pregnant women, children under 5 years and infants. Apply now at [acphd.org/wic](https://acphd.org/wic)

### → **Market Match**

Double your CalFresh dollars at farmers' markets with the Market Match program. Learn more at [MarketMatch.org](https://MarketMatch.org)

If you have any questions about this change in benefits, please call:



**1-888-445-1955**

For information on ways to report changes, scan here.



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